

# **EVENT MENU**





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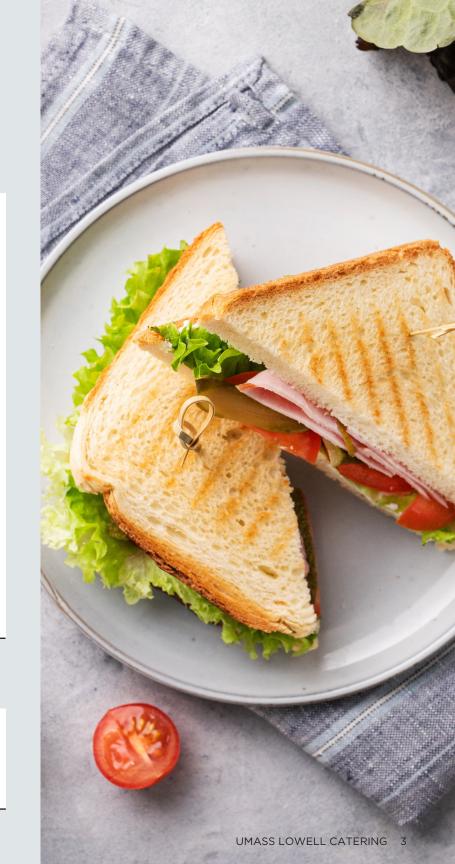
We proudly use Pepsi products for our sodas and bottled waters

VG VEGAN

EW EAT WELL

V VEGETARIAN

PF PLANT FORWARD



# **ALL-DAY PACKAGES**

# **ALL DAY DELICIOUS \$46.99**

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 20 quests or more.

# **DELICIOUS DAWN**

Assorted Muffins <b>v</b>	380-490 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving
Assorted Fruit Juice	100-150 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee. Decaf and Hot Tea	0 Cal/8 oz. serving

### **AM PERK UP**

Granola Bars <b>v</b>	100-200 Cal each
Assorted Yogurt Cups v	40-80 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### **POWER UP LUNCH** (Includes Beverages)

	9 ,
Tomato and Cucumber Couscous Salad <b>vg</b>	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad <b>V EW</b>	210 Cal/6.5 oz. serving
Bakery-Fresh Rolls with Butter <b>v</b>	160 Cal each
Green Beans Gremolata <b>vg EW PF</b>	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto <b>V EW</b>	270 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce <b>EW</b>	210 Cal/5.75 oz. serving
New York- Style Cheesecake	360 Cal/slice

#### PM PICK ME UP

Spinach Dip (Hot Or Chilled) with Tortilla Chips <b>v</b>	230 Cal/2.25 oz. serving
Grilled Vegetable Tray <b>vg Ew PF</b>	70 Cal/3 oz. serving
Bakery-Fresh Brownies <b>v</b>	250 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

# **MEETING WRAP UP \$39.99**

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 20 guests or more.

# **MORNING MINI**

Miniature Muffins <b>v</b>	80-120 Cal each
Miniature Danish <b>v</b>	100-140 Cal each
Miniature Scones <b>v</b>	100-110 Cal each
Yogurt Parfait Cups <b>v</b>	360-410 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### THE ENERGIZER

Donut Holes <b>v</b>	45-70 Cal each
Ripe Bananas <b>vg EW PF</b>	100 Cal each
Starbucks Coffee Decaf and Hot Tea	0 Cal/8 oz serving

# **IT'S A WRAP**

Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	600 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap <b>VPF</b>	620 Cal each
Seasonal Fresh Fruit Salad <b>vg PF</b>	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
Traditional Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch <b>V EW PF</b>	45 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad <b>v</b> g	120 Cal/3 oz. serving
Individual Bags of Chips <b>v</b>	100-160 Cal each
Assorted Craveworthy® Cookies <b>v</b>	210-230 Cal each

250 Cal each

#### **MID-DAY MUNCHIES**

Bakery-Fresh Brownies  ${\bf v}$ 

Tortilla Chips	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Salsa Verde <b>v</b>	5 Cal/1 oz. serving
Pico De Gallo <b>v</b>	5 Cal/1 oz. serving
Choice of One (1) Fruit Accompaniment:	
Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving
Assorted Whole Fruit VG EW PF	45-100 Cal each
Assorted Craveworthy® Cookies <b>v</b>	210-230 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

# **ALL-DAY PACKAGES**

# **SIMPLE PLEASURES \$33.69**

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 20 guests or more.

# SIMPLE CONTINENTAL

Assorted Donuts **v** 240-540 Cal each Assorted Bagels **v** 290-450 Cal each Orange Juice 120 Cal/8 oz. serving Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy® Cookies and Beverages

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta 520 Cal each
Deli Sliced Ham with Honey Mustard Ciabatta 390 Cal each
Turkey and Swiss Sandwich 520 Cal each
Roasted Pepper and Mozzarella Ciabatta EW PF 500 Cal each
Individual Bag of Chips V 100-160 Cal each
Assorted Craveworthy\* Cookies V 210-230 Cal each

#### **MID-DAY MUNCHIES**

Tortilla Chips 260 Cal/3 oz. serving Choice of Two (2) Salsas: 20 Cal/1 oz. serving Salsa Roja vo Salsa Verde **v** 5 Cal/1 oz. serving Pico De Gallo vo 5 Cal/1 oz. serving Choice of One (1) Fruit Accompaniment: Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving 45-100 Cal each Assorted Whole Fruit VG EW PF Assorted Craveworthy® Cookies v 210-230 Cal each Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

 $^{*}\mbox{All packages include necessary accompaniments and condiments.}$ 

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.





# **BREAKFAST**

# **BREAKFAST COLLECTIONS**

All prices are per person and available for 12 guests or more. All appropriate condiments included.

### **BASIC BEGINNINGS \$9.99**

Choice of One (1) Breakfast Pastry:

Assorted Danish V

Assorted Muffins V

380-490 Cal each
Assorted Scones V

400-440 Cal each
Assorted Bagels V

290-450 Cal each
Buttery Croissants V

370 Cal each
Bottled Water

O Cal each
Starbucks Coffee, Decaf and Hot Tea

#### **MINI CONTINENTAL \$12.39**

Miniature Muffins V 80-120 Cal each
Miniature Danish V 100-140 Cal each
Miniature Bagels V 110-140 Cal each
Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving
Bottled Water 0 Cal each
Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving
Assorted Tropicana Juices 100-140 Cal each

### **HEALTHY CHOICE BREAKFAST \$9.99**

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

Individual Cereal Cups180-230 Cal eachMilk120 Cal/8 oz. servingBananas VG EW PF100 Cal eachAssorted Yogurt Cups V40-80 Cal eachBottled Water0 Cal eachStarbucks Coffee, Decaf and Hot Tea0 Cal/8 oz. serving

# À LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Jam v \$2.99 Per Person 290-450 Cal each

Assorted Muffins Served with Butter and Jam v

**\$4.49 Per Person** 380-490 Cal each

Buttery Croissants Served with Butter and Jam \$4.39 Per Person 370 Cal each

Assorted Danish **v** \$3.49 Per Person 250-420 Cal each

Seasonal Fresh Fruit Platter **VG PF \$4.39 PER PERSON** 35 Cal/2.5 oz. serving

Assorted Yogurt Cups **\$4.29** Each 40-80 Cal each

Breakfast Yogurt Parfait \$5.39 Each 360-460 Cal each

# **BREAKFAST**

### **HOT BREAKFAST**

All prices are per person and available for 15 guests or more. All appropriate condiments included.

# **AMERICAN BREAKFAST \$18.29**

Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	380-490 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Buttery Croissants <b>v</b>	370 Cal each
Breakfast Potatoes	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### \*All packages include necessary accompaniments and condiments.

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# **SUNRISE SANDWICH BUFFET \$19.49**

Seasonal Fresh Fruit Platter <b>vg pf</b>	35 Cal/2.5 oz. serving
Breakfast Potatoes	20-140 Cal/3 oz. serving
Choice of Two (2) Sunrise Breakfast Sandwiches:	
Egg and Cheese English Muffin <b>v</b>	270 Cal each
Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	490 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	410 Cal each
Spicy Bacon, Egg, Potato and Cheese Burrito	600 Cal each
Spicy Veggie Sausage Biscuit with Maple Sriracha Sy	yrup <b>v</b> 440 Cal each
Spicy Southern Chicken Biscuit with Maple Sriracha	Syrup 560 Cal each

Everything Salmon Biscuit with Smoked Salmon, Cream Cheese, Cucumber and Hard-Boiled Egg

on a Everything-Spiced Biscuit 370 Cal each

420 Cal each Bacon, Lettuce, Tomato, Avocado and Egg Bagel **Bottled Water** O Cal each Starbucks Coffee, Decaf and Hot Tea O Cal/8 oz. serving

### **SUNNYSIDE SCRAMBLE \$14.99**

Seasonal Fresh Fruit Platter vg PF 35 Cal/2.5 oz. serving **Breakfast Potatoes** 120-140 Cal/3 oz. serving Country Ham 60 Cal each

Choice of One (1) Cage-Free Egg Scramble:

Country Egg Scramble v 140 Cal/4 oz. serving California Scramble 330 Cal/6 oz. serving Western Scramble 300 Cal/6 oz. serving Chorizo and Egg Scramble 100 Cal/4 oz. serving O Cal each **Bottled Water** Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply



# **BREAKFAST**

# **BREAKFAST ENHANCEMENTS**

All prices are per person and available for 12 guests or more.

# **YOGURT PARFAIT BAR \$7.99 PER PERSON**

Choice of Two (2) Yogurt Flavors:

Greek Yogurt v 60 Cal/4 oz. serving Strawberry Yogurt **v** 80 Cal/4 oz. serving Vanilla Yogurt **v** 80 Cal/4 oz. serving Diced Pineapple vg PF 30 Cal/2 oz. serving Fresh Strawberries VG PF 20 Cal/2 oz. serving Walnuts vg 100 Cal/0.5 oz. serving Honey **v** 50 Cal/0.5 oz. serving Granola **v** 110 Cal/1 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

 $^{*}$ All packages include necessary accompaniments and condiments.

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# SANDWICHES & SALADS

### CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

#### **DELI EXPRESS \$16.99**

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Individual Bags of Chips v 100-160 Cal each Assorted Baked Breads and Rolls v 110-230 Cal each

Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast

Beef, Deli Ham and Choice of Tuna Salad, Egg Salad,

50-230 Cal/2-4.5 oz. serving Chicken Salad, or Hummus with Vegetables) Cheese Tray (Cheddar and Swiss) v 110 Cal/1 oz. serving

Relish Tray (Lettuce, Tomato, Onion, Pickles,

Pepperoncini) vo 10 Cal/1 oz. serving Assorted Craveworthy® Cookies v 210-230 Cal each

#### **INDIVIDUAL SALADS \$19.99**

Available for 20 or more guests. Groups of 20-49 can choose up to Two (2) salads. Groups over 50 have a choice of Three (3) salads.

Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Dessert Bar v 240-370 Cal each **Bottled Water** O Cal each

# INDIVIDUAL SALAD OPTIONS

Traditional Caesar Salad with Shredded 430 Cal/6 oz. serving Parmesan Cheese and Seasoned Croutons

Chicken Cobb Salad with Grilled Chicken, Bacon.

Avocado, Egg and Blue Cheese on Salad Greens served with an Italian Vinaigrette 450 Cal/12.25 oz. serving

Quinoa, Toasted Chickpeas, Cucumber, Tomato

and Kalamata Olives with Hummus and Pita V EW PF 560 Cal/15 oz. serving

Southwest Chicken with Greens, Corn, Black Beans and Vegetables

tossed with a Hearty Grain Blend EW 440 Cal/14.5 oz. serving

Chickpea Couscous with Shawarma

Beef, Tomato and Cucumber Herb Salad

and a touch of Spicy Harissa EW 340 Cal/16 oz. serving

Grilled Salmon with Bulgur Wheat, Lentils and Hummus in a Roasted Garlic Lemon Vinaigrette garnished with Carrot

Sesame Hummus and Pea Mint Salad EW 530 Cal/11 oz. serving

Chilled Lo Mein Noodles topped with

Grilled Chicken Breast and Veggies in a Spicy Thai Lime Sriracha Dressing EW

510 Cal/11.9 oz. serving

Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and

a Spicy Sweet Chili Vinaigrette EW PF 310 Cal/6 oz. serving

Additional premium box lunch options available upon request! Please contact your catering professional.

#### **CLASSIC BOX LUNCH \$15.29**

Your choice of Classic Sandwich served with Potato Chips, Assorted Craveworthy® Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 130-790 Cal each Individual Bag of Chips v 100-160 Cal each Assorted Craveworthy® Cookies v 210-230 Cal each **Bottled Water** 0 Cal each

### **CLASSIC SELECTIONS SANDWICH BUFFET \$19.49**

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy® Cookies and Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each 5 Cal/1 oz. serving Dill Pickle Slices vg Individual Bags of Chips v 100-160 Cal each Choice of Three (3) Classic Sandwiches 130-790 Cal each Assorted Craveworthy® Cookies v 210-230 Cal each

#### **CLASSIC SANDWICH OPTIONS**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Ham with White Cheddar, Arugula and Cranberry on

Ciabatta 560 Cal each

Turkey, Bacon and Garlic Aioli Ciabatta 670 Cal each

Italian Sub with Fresh Lettuce, Tomato, Onion and

Herbal Honey Dijon Sauce

Creamy Chicken Salad Croissant with Fresh Dill 680 Cal each

630 Cal each Chicken Caesar Wrap

Grilled Vegetable Wrap with Hummus 420 Cal each

600 Cal each

# **SANDWICHES & SALADS**

# CLASSIC COLLECTIONS

All prices are per person and available for 12 guests or more.

#### THE EXECUTIVE LUNCHEON \$21.49

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy® Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10)	30-240 Cal each
Dill Pickle Slices vg	5 Cal/1 oz. serving
Individual Bags of Chips <b>v</b>	100-160 Cal each
Choice of Three (3) Executive	

310-790 Cal each Luncheon Sandwiches Assorted Craveworthy® Cookies v 210-230 Cal each

Choice of Two (2) Beverages:

Lemonade 80 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving Iced Water O Cal/8 oz. serving

#### **EXECUTIVE LUNCHEON SANDWICHES**

Masala Hummus and Chicken Ciabatta with Sliced Cucumber, Arugula, Tomato, Pickled Red Onions, Indian-Spiced Hummus and Cilantro EW

(Available Sandwich choices for The Executive Luncheon Buffet)

Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread	720 Cal each
Turkey Feta Ciabatta with Spinach and Sun-Dried Tomato Aioli	610 Cal each
Old Bay* Shrimp Roll	320 Cal each
Roast Beef, Caramelized Onion and Kale Ciabatta	440 Cal each
Garden Vegetables with Boursin, Aged Provolone and Roasted Garlic Aioli on Ciabatta ${\bf v}$	600 Cal each
Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baguette <b>V PF</b>	660 Cal each

500 Cal each

#### \*All packages include necessary accompaniments and condiments.

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#### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Traditional Garden Salad with a Balsamic Vinaigrette Dressing and Ranch **v EW PF** 45 Cal/3.5 oz. serving

Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in Spicy Caribbean Jerk Seasoning VG EW 120 Cal/4 oz. serving

Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing 240 Cal/4 oz. serving

Chilled Dill Cucumber Salad with Onions Tossed in Italian Dressing VG EW PF 60 Cal/3.75 oz. serving

Toasted Cranberry Apple Couscous with Apricots, Granny Smith Apples, Almonds, Red Onions, Fresh Spinach and Scallions VG PF

190 Cal/3 oz. serving

Dressing vg Edamame Salad with Shiitake Mushrooms, Bean

Grilled Vegetable Pasta Salad with a Balsamic

Sprouts, Radishes, Scallions, Fresh Basil and Mint tossed in a Rice Wine Vinegar and Ginger Root

Dressing **v EW** 130 Cal/3 oz. serving

Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic **vg** 

120 Cal/4 oz. serving

120 Cal/3 oz. serving

Fresh Fruit Salad VG PF 35 Cal/2.5 oz. serving

# **THEMED BUFFETS**

All prices are per person and available for 20 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

# **SABOR CANTINA \$21.99**

Tortilla Chips	260 Cal/3 oz. serving
Select Two (2) Salsas:	
Fire Roasted Salsa <b>vg</b>	10 Cal/1 oz. serving
Grilled Pineapple Salsa <b>vg</b>	25 Cal/1 oz. serving
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Salsa Macha <b>v</b> g	190 Cal/8 oz. serving
Black Bean, Jicama & Corn Salad <b>vg</b>	80 Cal/3.25 oz. serving
Sofrito Black Beans and Rice <b>VG</b>	160 Cal/3.5 oz. serving
Select Two (2) Empanadas:	
Standard Beef Empanada (1 per guest)	80 Cal each
Mini Chicken Empanadas (3 per guest)	70 Cal each
Mini Vegetable Empanadas (3 per guest)	70 Cal each
Assorted Craveworthy® Cookies <b>v</b>	210-230 Cal each

# FRESH GINGER \$25.68

Vegetable Spring Roll <b>vG</b>	270 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce <b>v</b>	50 Cal/1 oz. serving
Sweet & Sour Sauce <b>vg</b>	35 Cal/1 oz. serving
Chili Garlic Sauce <b>vg</b>	110 Cal/1 oz. serving
Choice of Two (2) Bases:	
Jasmine Rice <b>vg</b>	130 Cal/3 oz. serving
Rice Noodles <b>vg</b>	210 Cal/2.75 oz. serving
Napa Cabbage Greens Mix <b>vg</b>	10 Cal/3 oz. serving
Brown Rice <b>vg EW</b>	110 Cal/2.75 oz. serving
Choice of Two (2) Proteins:	
Five Spice Gardein <b>vg Ew</b>	180 Cal/3 oz. serving
Lemongrass Chicken EW	140 Cal/3 oz. serving
Nam Tok Pork	130 Cal/2.5 oz. serving
Ginger Garlic Shrimp	100 Cal/3 oz. serving
Choice of Two (2) Vegetables:	
Sweet Soy Green Beans <b>VG PF</b>	80 Cal/3 oz. serving
Stir-Fry Vegetables <b>vg ew pf</b>	45 Cal/2.75 oz. serving
Steamed Fresh Broccoli <b>VG PF</b>	20 Cal/2 oz. serving
Choice of One (1) Sauce:	
Peanut Sauce <b>vg</b>	70 Cal/1 oz. serving
Thai Basil Red Curry Sauce <b>vg</b>	50 Cal/1 oz. serving
Sweet Chili Vinaigrette <b>v</b>	25 Cal/1 oz. serving
Choice of Two (2) Toppings:	
Herb Omelet	50 Cal/4 oz. serving
Fresh Jalapenos <b>VG</b>	10 Cal/1 oz. serving
Pickled Carrot & Daikon <b>vg PF</b>	15 Cal/1 oz. serving
Crispy Shallots <b>v</b>	35 Cal/1 oz. serving
Chopped Peanuts <b>v</b>	80 Cal/0.5 oz. serving
Marinated Cucumber <b>v</b>	30 Cal/2 oz. serving
Coconut Mango Rice Dessert <b>v</b>	220 Cal each

# **TAVOLINO BUFFET \$24.69**

Caesar Salad	240 Cal/5.5 oz. serving
Garlic Breadsticks <b>v</b>	110 Cal each
Eggplant Parmesan <b>PF</b>	340 Cal/7.7 oz. serving
Rigatoni Marinara <b>v</b>	120 Cal/4.5 oz. serving
Italian Sausage and Peppers	470 Cal/4.74 oz. serving
Miniature Cheesecake Tarts <b>v</b>	170 Cal each

# YUCATAN BOWL \$21.99

Romaine Lettuce Salad <b>vg</b>	5 Cal/0.5 oz. serving
Avocado Ranch Dressing <b>v</b>	90 Cal/1 oz. serving
Choice of One (1) Rice:	
Cilantro Lime White Rice <b>vg</b>	120 Cal/3 oz. serving
Cilantro Lime Brown Rice vg Ew	140 Cal/3.5 oz. serving
Mexican Rice <b>vg</b>	130 Cal/3 oz. serving
Charro Beans <b>VG EW PF</b>	80 Cal/3 oz. serving
Choice of Three (3) Proteins:	
Shredded Chicken	170 Cal/3 oz. serving
Braised Beef	190 Cal/3.75 oz. serving
Roasted Portobello Mushrooms <b>vg EW</b>	20 Cal/2.25 oz. serving
Citrus Braised Pork	250 Cal/3.5 oz. serving
Vegan Chorizo <b>v</b>	240 Cal/4 oz. serving
Guacamole <b>v</b> <sub>G</sub>	35 Cal/1 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo <b>v</b> G	5 Cal/1 oz. serving
Salsa Verde <b>v</b>	5 Cal/1 oz. serving
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Dulce De Leche Brownie <b>v</b>	220 Cal each



# THEMED BUFFETS

All prices are per person and available for 20 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

# **CURRY AND SPICE \$21.99**

Kachumber Salad **vg EW PF**Potato Samosa

180 Cal each
Lemon-Ginger Basmati Rice **vg**Sweet Potato Coconut Curry **vg PF**Butter Chicken

Ginger-Spiced Rice Pudding **v**35 Cal/3.9 oz. serving
170 Cal/3.25 oz. serving
170 Cal/4 oz. serving
170 Cal/4 oz. serving
170 Cal/4.5 oz. serving

# MEDITERRANEAN TABLE POWERED BY ALLO ALLO \$22.99

Choice of Two (2) Bases:

Mejadara: Rice and Lentils VG EW PF

Mediterranean Salad Mix VG EW PF

Hummus VG PF

Choice of Two (2) Proteins:

Baharat Spiced Beef and Chickpeas
Zaatar Chicken

120 Cal/4 oz. serving
320 Cal/4.5 oz. serving
220 Cal/3.5 oz. serving

Baked Falafel VG PF 45-260 Cal each
Choice of Three (3) Toppings:
Carrot Almond Salad VG EW PF 130 Cal/2.5 oz. serving
Lemon Beet Tahini VG PF 220 Cal/4.25 oz. serving
Kale Tabbouleh VG EW PF 60 Cal/2.25 oz. serving
Cucumber Tomato Salad VG EW PF 40 Cal/3.75 oz. serving

Cucumber Tomato Salad **vg Ew PF**Baba Ghanoush **vg PF**Choice of Two (2) Sauces:

40 Cal/3.75 oz. serving

90 Cal/4 oz. serving

Garlic White Sauce **v** 70 Cal/1 oz. serving
Lemon Tahini Dressing **vg** 100 Cal/1 oz. serving
Harissa Sauce **vg** 70 Cal/1 oz. serving
Choice of Two (2) Garnishes:

Feta Cheese Crumbles **v** 80 Cal/1 oz. serving Sumac Onions **vg** 10 Cal/1 oz. serving Dolma **vg** 45 Cal each

Add Pita
Half Grilled Pita EW
190 Cal each
Choice of One (1) Dessert:

Baklava **v** 70 Cal each Assorted Craveworthy\* Cookies **v** 210-230 Cal each

#### **NORTH BY NORTHWEST \$27.99**

Kale Salad with Blue Cheese, Raisins and Red Onion and a Lemon Vinaigrette EW PF Bakery-Fresh Dinner Rolls with Butter V Potatoes au Gratin V Roasted Brussels Sprouts VG EW PF Grilled Portobello stuffed with Vegan Cheese, Peppers, Onion, and Vegan Chorizo VG PF Maple Dijon Salmon EW Lemon Garlic Aioli V Individual Blackberry Cobbler Dusted with Cinnamon Sugar V

100 Cal/2 oz. serving 160 Cal each 180 Cal/4.25 oz. serving 35 Cal/2 oz. serving

320 Cal each 270 Cal/3.25 oz. serving 190 Cal/1 oz. serving

320 Cal each

# **THEMED BUFFETS**

All prices are per person and available for 20 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

# **POWER BOOST BOWLS \$24.69**

Choice of One (1) Grain:	
Lemon Herbed Farro VG EW PF	150 Cal/4 oz. serving
Quinoa and Lentils <b>vg EW PF</b>	90 Cal/3 oz. serving
Choice of One (1) Greens:	
Kale Mix <b>vg pf</b>	10 Cal/1.25 oz. serving
Romaine Arugula Mix <b>vg pf</b>	5 Cal/1.25 oz. serving
Choice of Two (2) Proteins:	
Lemon Garlic Chicken	130 Cal/3 oz. serving
Hard-Cooked Egg <b>v</b>	80 Cal each
Grilled Sumac Salmon	120 Cal/2.75 oz. serving
Choice of Three (3) Toppings:	
Spicy Roasted Broccoli <b>vg EW PF</b>	45 Cal/1.5 oz. serving
Sliced Avocado <b>v</b>	90 Cal/2 oz. serving
Turmeric Roasted Cauliflower <b>vg EW PF</b>	35 Cal/2 oz. serving
Garbanzo Beans <b>vg</b>	140 Cal/3 oz. serving
Roasted Butternut Squash <b>vg EW PF</b>	80 Cal/2 oz. serving
Roasted Mushrooms <b>VG EW PF</b>	90 Cal/3 oz. serving
Shredded Beets <b>vg</b>	30 Cal/2 oz. serving
Edamame <b>v</b> g	80 Cal/2 oz. serving
Choice of Two (2) Sauces:	
Greek Yogurt Ranch Dressing <b>v</b>	90 Cal/1 oz. serving
Pesto Vinaigrette V	120 Cal/1 oz. serving
Tahini Tzatziki Dressing <b>v</b>	30 Cal/1 oz. serving
Choice of Two (2) Garnishes:	
Feta Cheese Crumbles <b>v</b>	80 Cal/1 oz. serving
Pickled Red Onion <b>v</b> <sub>G</sub>	20 Cal/1 oz. serving
Toasted Walnuts <b>vG</b>	190 Cal/1 oz. serving
Shaved Parmesan <b>v</b>	110 Cal/1 oz. serving
Brown Butter Pumpkin Seeds <b>v</b>	170 Cal/1 oz. serving
Choice of One (1) Dessert:	70.0.1
Baklava <b>v</b>	70 Cal each
Assorted Craveworthy® Cookies <b>v</b>	210-230 Cal each

# **SOUP AND SALAD BUFFET \$18.69**

Garden Fresh Mixed Greens <b>vg</b>	5 Cal/3 oz. serving
Sliced Red Onions <b>vg</b>	10 Cal/1 oz. serving
Tomatoes <b>v</b> <sub>G</sub>	5 Cal/1 oz. serving
Cucumbers <b>v</b> <sub>G</sub>	5 Cal/1 oz. serving
Shredded Carrots <b>vg</b>	10 Cal/1 oz. serving
Shredded Cheese v	120 Cal/1 oz. serving
Roasted Chickpea <b>vg</b>	260 Cal/2 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Diced Ham	70 Cal/2 oz. serving
Ranch Dressing <b>v</b>	210 Cal/2 oz. serving
Italian Dressing <b>v</b> g	80 Cal/2 oz. serving
Croutons <b>v</b>	60 Cal/0.5 oz. serving
Bakery-Fresh Rolls with Butter <b>v</b>	160 Cal each
Soup Du Jour	140-240 Cal/8 oz. serving
Assorted Craveworthy® Cookies <b>v</b>	210-230 Cal each
Grilled Shrimp Additional \$3.50 per person	100 Cal/3 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# **CREATE YOUR OWN BUFFET**

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

#### **BUFFET STARTERS**

Traditional Garden Salad with Balsamic Vinaigrette and Ranch <b>v EW PF</b>	45 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Greek Salad with Crumbled Feta ${f v}$	110 Cal/3.25 oz. serving
Antipasto Salad PF	170 Cal/3 oz. serving
Autumn Vegetable Salad with Red Wine Vinaigrette <b>VG EW PF</b>	80 Cal/3 oz. serving
Roasted Vegetable Platter with Chimichurri Mayo ${f V}$ PF	200 Cal/4 oz. serving

# BUFFET ENTDESS

BUFFET ENTREES	
Buttermilk Fried Chicken with Hot Sauce \$26.99	340 Cal/5.75 oz. serving
Lemon Artichoke Chicken Breast Ew \$24.99	210 Cal/5.75 oz. serving
Cavatappi with Grilled Chicken, Chorizo, Tomatoes, Mushrooms, Roasted Peppers and Beans \$19.99	680 Cal/18 oz. serving
Moroccan Grilled Salmon \$28.99	130 Cal/2.75 oz. serving
Kale Pesto Crusted Cod \$25.99	140 Cal/3.25 oz. serving
Pesto Flank Steak \$28.99	250 Cal/3 oz. serving
Vegan Chorizo Stuffed Portobello Cap <b>vg PF</b> \$24.99	320 Cal each

#### **BUFFET SIDES**

Pan Roasted Vegetables <b>V PF</b>	45 Cal/3 oz. serving
Roasted Root Vegetables <b>VG EW PF</b>	60 Cal/2 oz. serving
Fresh Herbed Vegetables <b>VG EW PF</b>	100 Cal/3.5 oz. serving
Balsamic Bacon Brussels PF	130 Cal/3.8 oz. serving
Quinoa and Wild Rice Blend <b>vg EW</b>	80 Cal/2.75 oz. serving
Savory Herbed Rice <b>vg</b>	150 Cal/3.5 oz. serving
Macaroni and Cheese <b>v</b>	210 Cal/4.25 oz. serving

# **BUFFET FINISHES**

Mini Cool Citrus Cheesecakes <b>v</b>	80 Cal each
Dulce De Leche Brownie <b>v</b>	230 Cal/2.25 oz. serving
Spiced Carrot Cake <b>v</b>	350 Cal slice
Chocolate Cake <b>v</b>	320 Cal slice
Bakery-Fresh Brownies <b>v</b>	250 Cal each
Assorted Petit Fours	50-80 each

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# **RECEPTIONS**

# **HORS D'OEUVRES**

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

PLEASE CONTACT US FOR OUR CURRENT SEASONAL HORS D'OEUVRES OPTIONS

# UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





# **RECEPTIONS**

# **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 20 guests or more.

# **CLASSIC CHEESE TRAY \$10.99 PER PERSON**

Chef's Choice of Assorted Domestic and Imported Cheese, served with Crackers and Crostini **v** 

290 Cal/2.75 oz. serving

# FRESH GARDEN CRUDITÉS \$5.99 PER PERSON

Fresh Garden Crudités with Ranch Dill Dip VPF

120 Cal/5 oz. serving

#### **GRILLED VEGETABLES \$8.99 PER PERSON**

Grilled Vegetables served with Balsamic Vinaigrette **VG EW PF** 

70 Cal/3 oz. serving

# FLATBREAD CRISPS \$7.29 PER PERSON

Flatbread Crisps served with Hummus, Harissa and Tzatziki **V PF** 

430 Cal/6.15 oz. serving

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# **RECEPTIONS**

# **CHEF-INSPIRED STATIONS**

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 20 guests or more.

# **DIM SUM \$19.99**

Egg Rolls	180 Cal each
Pot Stickers	45 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce <b>v</b>	50 Cal/1.25 oz. serving
Sweet and Sour Sauce <b>VG</b>	35 Cal/1 oz. serving
Chili Garlic Sauce <b>vg</b>	110 Cal/1 oz. serving
Sweet and Spicy Boneless Chicken Wings	
with Celery Sticks	150 Cal each
Assorted Dessert Bars <b>v</b>	240-370 Cal each

# **WORLD OF DUMPLINGS \$12.99**

Cł	noice of Four (4) International Dumplings:	
	Beef Empanada with Salsa	150 Cal each
	Mini Chicken Empanadas with Salsa	70 Cal each
	Mini Vegetable Empanadas with Salsa	70 Cal each
	Buttery Potato Cheddar Pierogis with Sautéed	
	Onions, Garlic & Sour Cream <b>v</b>	100 Cal each
	Steamed Edamame Potsticker with Sweet Soy Sauce	<b>v</b> 60 Cal each
	Steamed Vegetable Potsticker with Sweet Soy Sauce	<b>v</b> 40 Cal each
	Pork Potsticker with Sweet Soy Sauce	45 Cal each
	Potato Samosa with Tomato-Onion Chutney	250 Cal/4 oz. serving
	Fried Ravioli with Marinara	110 Cal each

# **SOFT PRETZEL BAR \$14.99**

Hot Pretzels <b>v</b> G	180 Cal each
Choice of Three (3) Dipping Sauces:	
Honey Mustard Sauce <b>v</b>	50 Cal/1 oz. serving
Spicy Mustard Sauce <b>vg</b>	60 Cal/1 oz. serving
Yellow Mustard Sauce <b>vg</b>	25 Cal/1 oz. serving
Nacho Cheese Sauce	40 Cal/1 oz. serving
Vegan Cheddar Cheese Sauce <b>v</b> g	60 Cal/1 oz. serving
Cajun Cheese Sauce <b>v</b>	70 Cal/1 oz. serving
Buffalo Blue Sauce	30 Cal/1 oz. serving
Chocolate Sauce <b>vg</b>	80 Cal/1 oz. serving
Caramel Sauce <b>v</b>	120 Cal/1 oz. serving

# **BREAKS**

All prices are per person and available for 12 guests or more.

# THE HEALTHY ALTERNATIVE \$10.39

Seasonal Fruit such as: Apple, Orange,	
Banana, etc. <b>VG EW PF</b>	45-100 Cal each
Yogurt Cup V	40-80 Cal each
Trail Mix <b>v</b>	280 Cal each
Granola Bars <b>v</b>	100-200 Cal each

# **SNACK ATTACK \$8.79**

Assorted Individual Bags of Chips <b>v</b>	100-160 Cal each
Granola Bars <b>v</b>	100-200 Cal each
Trail Mix <b>v</b>	280 Cal each
Assorted Craveworthy® Cookies <b>v</b>	210-230 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal each

# **BREADS AND SPREADS \$9.79**

Tortilla Chips	260 Cal/3 oz. serving
Pita Chips <b>v</b>	130 Cal/2 oz. serving
Crostini <b>vg EW</b>	40 Cal each
Choice of Four (4) Spreads:	
Beet Hummus <b>v</b>	270 Cal/4.2 oz. serving
Guacamole <b>v</b>	50 Cal/1 oz. serving
Chilled Spinach Dip <b>v</b>	200 Cal/2 oz. serving
Feisty Feta <b>v</b>	70 Cal/1 oz. serving
Traditional Hummus <b>vg pf</b>	330 Cal/4.5 oz. serving
Artichoke and Olive Dip <b>v</b>	140 Cal/2 oz. serving
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving



# **BEVERAGES & DESSERTS**

# **BEVERAGES**

Includes appropriate accompaniments

We proudly use Pepsi products for our sodas and bottled waters

Regular/Decaffeinated Coffee and Hot Water with

Assorted Tea Bags \$3.89 PER PERSON

0 Cal/8 oz. serving

Assorted Sodas (Can) \$2.39 Each

0-150 Cal each

Assorted Individual Fruit Juices \$2.39 Each

100-150 Cal each

Sparkling Water \$2.39 Each

0 Cal each

Regular Coffee \$27.89 Per Gallon

0 Cal/8 oz. serving

Hot Apple Cider \$27.89 Per Gallon

160 Cal/8 oz. serving

Hot Chocolate \$27.89 Per Gallon

160 Cal/8 oz. serving

Lemonade \$25.99 PER GALLON

80 Cal/8 oz. serving

Fruit Punch \$25.99 PER GALLON

120 Cal/8 oz. serving

Infused Water \$18.99 PER GALLON

Choice of One (1) Fruit Infused Water: Lemon Infused Water

O Cal/8 oz. serving 10 Cal/8 oz. serving 20 Cal/8 oz. serving

Orange Infused Water Apple Infused Water Cucumber Infused Water Grapefruit Infused Water

10 Cal/8 oz. serving 10 Cal/8 oz. serving

# **DESSERTS**

Assorted Blondies v \$3.29 Per Person

240-300 Cal each

Assorted Craveworthy® Cookies **v** \$2.29 Per Person

210-280 Cal each

Bakery-fresh Brownies **v \$3.29** Per Person

250 Cal each

Custom Artisan Cupcakes \$28.99 Per Dozen

250 Car cacri

Chocolate Cupcake with Fudge Icing **vg** Vanilla Cupcake **v** Bananas Foster Cupcake **v**  480 Cal each 380 Cal each

Bananas Foster Cupcake Devil's Food Cupcake **v**  180 Cal each 380 Cal each

Assorted Petit Fours **v** \$39.99 Per Dozen

60-100 Cal each

Made without Gluten Cookie **v \$3.29** EACH

260 Cal each

Vegan Cookie **vg** \$3.39 Each

240 Cal each

Gourmet Dessert Bars **v** 

**\$3.99** Each

240-370 Cal each

#### ORDERING INFORMATION

#### **Lead Time**

Notice of 5 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

#### **Extras**

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

#### **Calorie & Nutrition**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

# **Allergen**

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

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**VG** VEGAN

**EW** EAT WELL

V VEGETARIAN

PF PLANT FORWARD



# **Contact Us Today**

978.934.6503 catering@uml.edu www.umlcatering.catertrax.com

Prices effective until 07/01/2025 Prices may be subject to change

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